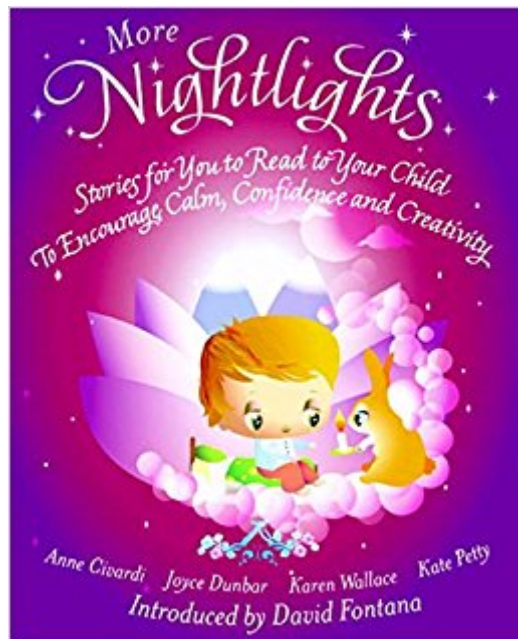




The book was found

More Nightlights: Stories For You To Read To Your Child - To Encourage Calm, Confidence And Creativity



Synopsis

Meditation and visualization, if approached in an inventive and appealing manner, bring enormous benefits to children. It can calm their anxieties, build their self-esteem, and teach them quietness and thoughtfulness. Consisting of 20 narrative-based meditations, this book, the follow-up to the hugely successful Nightlights, offers even more stories to help your child find inner calm and emotional balance and is designed for parents to use with any child between ages 4 and 8.

Book Information

Paperback: 144 pages

Publisher: Watkins Publishing (April 19, 2016)

Language: English

ISBN-10: 1907486895

ISBN-13: 978-1907486890

Product Dimensions: 7.5 x 0.5 x 9.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #977,151 in Books (See Top 100 in Books) #59 in Books > Children's Books > Religions > Eastern #491 in Books > Children's Books > Fairy Tales, Folk Tales & Myths > Anthologies #2557 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Sleep

Age Range: 4 - 8 years

Grade Level: Preschool - 3

Customer Reviews

Story editor, Anne Civardi, is a London-based sculptor and children's book author and editor. Kate Petty was an innovative creator of non-fiction for children. She passed away in 2007. Louisa Somerville is a published author of children's books and young adult books. Some of the published credits of Louisa Somerville include Coming Top Phonics Age 3-4 (Coming Top). Joyce Dunbar is an English writer. She primarily writes books for children, and has published over seventy books. Dunbar is perhaps best known for Tell Me Something Happy Before I Go To Sleep, This Is The Star, and the Mouse And Mole series. Professor David G. J. Fontana Ph.D. FBPS was a British academic, psychologist and author. He was Professor of Psychology at the Cardiff University. He was also visiting professor at John Moores University and the University of the Algarve. He passed away in 2010. The author lives in UK.

Wonderful bedtime stories each with teachable moment life lessons at their conclusion

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The Calming Collection - Calm Mom, Calm Dad, Calm Child: Keeping Your Cool With Your Children, Your Family, and Everyone Else in Your Life
Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8)
Confidence: Gorilla Confidence - Simple Habits To Unleash Your Natural Inner Confidence (Self Esteem, Charisma, Personal Magnetism & Self Confidence)
Charisma: Discover How to be More Charismatic, Enhance Your Social Skills and Create a Magnetic Aura: Confidence Hacks (Charisma, Confidence, Self Confidence, ... Influence, Persuasion, Mind Hacks, Book 7)
Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence
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Read to Me, I'll Read to You: Very Short Stories to Read Together
Stories for a Teen's Heart: Over One Hundred Stories to Encourage a Teen's Soul. Book 1
The Calm Buddha at Bedtime: Tales of Wisdom, Compassion and Mindfulness to Read with Your Child
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Bedtime Stories for Kids: Short Bedtime Stories for Children: (Bedtime Stories for Babies, Bedtime stories for Kids Ages 4-8, Uncle Nick's Bedtime Stories ... (Uncle Nick's Bedtime Stories for Kids) 31 Creative Ways To Love & Encourage Him: One Month To a More Life Giving Relationship (31 Day Challenge) (Volume 2)
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