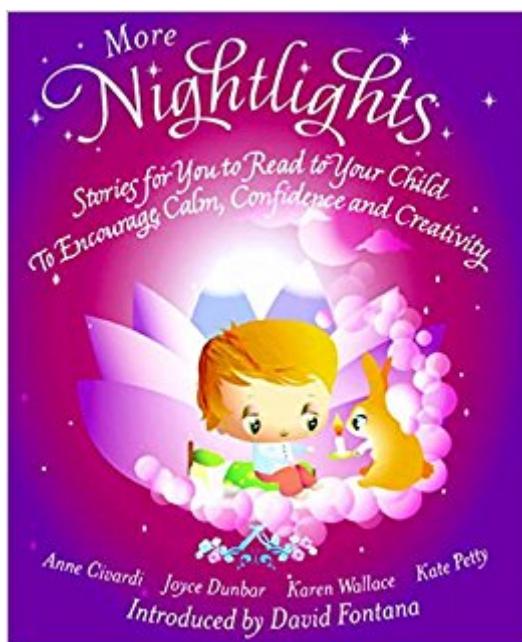


The book was found

# More Nightlights: Stories For You To Read To Your Child – To Encourage Calm, Confidence And Creativity



## **Synopsis**

Meditation and visualization, if approached in an inventive and appealing manner, bring enormous benefits to children. It can calm their anxieties, build their self-esteem, and teach them quietness and thoughtfulness. Consisting of 20 narrative-based meditations, this book, the follow-up to the hugely successful *Nightlights*, offers even more stories to help your child find inner calm and emotional balance and is designed for parents to use with any child between ages 4 and 8.

## **Book Information**

Paperback: 144 pages

Publisher: Watkins Publishing (April 19, 2016)

Language: English

ISBN-10: 1907486895

ISBN-13: 978-1907486890

Product Dimensions: 7.5 x 0.5 x 9.5 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #977,151 in Books (See Top 100 in Books) #59 in Books > Children's Books > Religions > Eastern #491 in Books > Children's Books > Fairy Tales, Folk Tales & Myths > Anthologies #2557 in Books > Children's Books > Growing Up & Facts of Life > Family Life > Sleep

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## **Customer Reviews**

Story editor, Anne Civardi, is a London-based sculptor and children's book author and editor. Kate Petty was an innovative creator of non-fiction for children. She passed away in 2007. Louisa Somerville is a published author of children's books and young adult books. Some of the published credits of Louisa Somerville include *Coming Top Phonics Age 3-4* (*Coming Top*). Joyce Dunbar is an English writer. She primarily writes books for children, and has published over seventy books. Dunbar is perhaps best known for *Tell Me Something Happy Before I Go To Sleep*, *This Is The Star*, and the *Mouse And Mole* series. Professor David G. J. Fontana Ph.D. FBPS was a British academic, psychologist and author. He was Professor of Psychology at the Cardiff University. He was also visiting professor at John Moores University and the University of the Algarve. He passed away in 2010. The author lives in UK.

Wonderful bedtime stories each with teachable moment life lessons at their conclusion

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